



NORTHUMBERLAND HILLS PUBLIC SCHOOL

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MARCH 2020

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Keeping You Informed

Northumberland Hills PS had a great month of learning in February! Our students continued their work in Number Sense & Numeration throughout the month and will be working on Data Management and Probability in March. It is a pleasure to work with you in support of your children. As always, please contact the school with any questions or concerns.

♥ Ms. Kostuch

THANK YOU AND MIIGWECH

- Thanks to Mrs. D and our Intermediate Leaders who organized a Kindness Parade and a Dance Party on Pink Shirt Day, February 26th.
- Miigwech to Melody Crowe, First Nation Educator from KPR, who is visiting our classrooms this winter to expand our knowledge and understanding of Indigenous arts and culture.

KINDERGARTEN REGISTRATION

If you know of a child who will be four years old by December, 2020, remind them to register for Kindergarten starting September, 2020. Please encourage the child's family to visit www.kprschools.ca/kindergarten to find our school and register for kindergarten online. Please call the school if you have any questions.

COMING SOON – HOT DOG LUNCH

NHPS School Council is organizing a Hot Dog lunch for students. The tentative date is April 9th. They are currently researching product and pricing. We will post the details when School Cash Online opens for orders.

SUBWAY SUB DAY - MONDAY MARCH 9th



Our February School Council Sub Day was such a success that we are doing it again in March. The next Sub Day is Monday, March 9th. Orders are due in School Cash online by March 6th. Subs are 6 inches on whole wheat for \$6.00 each. Options are Turkey, Ham, Cold Cut or Veggie. All Subs come with Lettuce, Tomato and Cucumber. There is an option to order with or without Sub Sauce. There is also a gluten-free bun option on School Cash online.

SCHOOL COUNCIL – SUPPER AND WORKSHOP

School Council received a Parents Reaching Out Grant to host a Parent / Guardian and Family evening that included a free pizza supper and a workshop on Safe Social Media & Internet Use. Thanks to all who attended to hear about this important topic.

INCLEMENT WEATHER / BUS CANCELLATIONS

Bus delay and cancellation information is posted at www.stsco.ca. The website is the primary means of communicating about bus cancellations. Local radio stations will also be provided for broadcast. A reminder that if a bus is cancelled in the morning, it is cancelled in the afternoon as well.

FOLLOW US ONLINE

- Twitter @theHillsPS
- Facebook page name: Northumberland Hills Public School, School Council

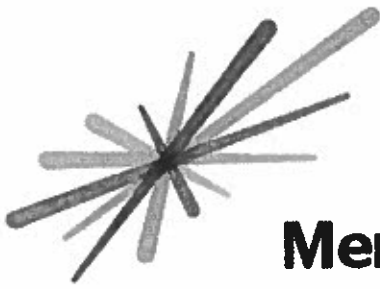


SCHOOL COUNCIL – March 30th @ 6:30pm
Babysitting is provided. If it is a snow day, the School Council Meetings are cancelled.

MARBLE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 MARCH PIZZA ORDERS DUE ON SCHOOL CASH ONLINE	3	4 MARCH SUB ORDERS DUE ON SCHOOL CASH ONLINE	5	6 PIZZA	7
8	9 SUBWAY SUBS	10	11 GRAD PHOTOS	12 SUPER HERO DAY	13 MARCH BREAK	14
15	16 MARCH BREAK	17 MARCH BREAK	18 MARCH BREAK	19 MARCH BREAK	20 MARCH BREAK	
22	23	24	25	26	27 PIZZA	28
29	30 SCHOOL COUNCIL MEETING @ 6:30	31 APRIL PIZZA ORDERS DUE				



**Mental Health
Commission
of Canada**

**Commission de
la santé mentale
du Canada**

Mental Health First Aid CANADA

2 Day Free Workshop for Kawartha Pine Ridge District School

Board Parents of Children aged 12-17 yrs.

At the Kirby Professional Learning Centre

3675 Concession Road 7, Orono, Room 104

Thursday, April 30, 2020 &

Friday, May 1, 2020

9:30 am to 3:30 pm

You will learn how to:

- **Recognize the signs & symptoms of mental health problems**
- **Provide initial help**
- **Guide a person towards appropriate professional help**

Mental Health First Aid is the help provided to a person developing a mental health problem or experiencing a mental health crisis. Just as physical first aid is administered to an injured person before medical treatment can be obtained, MHFA is given until appropriate treatment is found or until the crisis is resolved.

Once the workshop is completed you will be able to:

- **Assess the risk of suicide and/or harm**
- **Listen non-judgementally**
- **Give reassurance and information**
- **Encourage the young person to get appropriate professional help**
- **Encourage other supports**

Did you know that half of all mental disorders begin by the age 14-24? And 1 person in 3 will experience a mental health problem at some point of their lifetime.

Registration closes April 23, 2020

Space is limited to 24 participants

To receive your MHCC Certificate you must attend both sessions

To register visit www.Eventbrite.ca

Instructors: John Dougan, Leslie Walberg-Hegan, Deanna Swift

Lunch will be provided



**KAWARTHA PINE RIDGE
DISTRICT SCHOOL BOARD**